



# Seizure Action Plan

Effective Date \_\_\_\_\_

This student is being treated for a seizure disorder. The information below should assist you if a seizure occurs during school hours.

|                             |               |      |
|-----------------------------|---------------|------|
| Student's Name              | Date of Birth |      |
| Parent/Guardian             | Phone         | Cell |
| Other Emergency Contact     | Phone         | Cell |
| Treating Physician          | Phone         |      |
| Significant Medical History |               |      |

## Seizure Information

| Seizure Type | Length | Frequency | Description |
|--------------|--------|-----------|-------------|
|              |        |           |             |
|              |        |           |             |
|              |        |           |             |

Seizure triggers or warning signs:

Student's response after a seizure:

## Basic First Aid: Care & Comfort

Please describe basic first aid procedures:

Does student need to leave the classroom after a seizure? ☐ Yes ☐ No

If YES, describe process for returning student to classroom:

## Basic Seizure First Aid

- Stay calm & track time
- Keep child safe
- Do not restrain
- Do not put anything in mouth
- Stay with child until fully conscious
- Record seizure in log

### For tonic-clonic seizure:

- Protect head
- Keep airway open/watch breathing
- Turn child on side

## Emergency Response

A "seizure emergency" for this student is defined as:

### Seizure Emergency Protocol

(Check all that apply and clarify below)

- ☐ Contact school nurse at \_\_\_\_\_
- ☐ Call 911 for transport to \_\_\_\_\_
- ☐ Notify parent or emergency contact
- ☐ Administer emergency medications as indicated below
- ☐ Notify doctor
- ☐ Other \_\_\_\_\_

### A seizure is generally considered an emergency when:

- Convulsive (tonic-clonic) seizure lasts longer than 5 minutes
- Student has repeated seizures without regaining consciousness
- Student is injured or has diabetes
- Student has a first-time seizure
- Student has breathing difficulties
- Student has a seizure in water

## Treatment Protocol During School Hours (include daily and emergency medications)

| Emerg. Med. ✓ | Medication | Dosage & Time of Day Given | Common Side Effects & Special Instructions |
|---------------|------------|----------------------------|--|
|               |            |                            |  |
|               |            |                            |  |
|               |            |                            |  |

Does student have a Vagus Nerve Stimulator? ☐ Yes ☐ No If YES, describe magnet use:

## Special Considerations and Precautions (regarding school activities, sports, trips, etc.)

Describe any special considerations or precautions:

Physician Signature \_\_\_\_\_ Date \_\_\_\_\_  
Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

**WASHINGTON TOWNSHIP PUBLIC SCHOOLS**  
**REQUEST FOR PUPIL MEDICATION TO BE TAKEN AT SCHOOL**

The administration of medication to or by any pupil will be permitted only when failure to take such medication would jeopardize the health of the pupil or the pupil would not be able to attend or benefit from his/her educational program. Medication includes all prescriptions and patent medications (over the counter). Washington Township Public Schools requires both physician and parent permission to administer all medication, including patent (over the counter) medication.

**Note to Parent/Guardian:** All medication(s) whether patent or prescribed shall be provided to the school nurse by the parent/guardian in the original container. In the case of prescription medication, the original container must have affixed the current prescription labeling as applied by the pharmacy.

Authorizations are effective for one school year only and must be renewed annually. All forms must be received and be on file in the school's Health Office before any medication can be administered.

**SECTION A: Parent Request and Consent (To be completed by Parent/Legal Guardian)**

**PLEASE PRINT:**

Pupil's Name: \_\_\_\_\_ School: \_\_\_\_\_

Parent's/Guardian's Name: \_\_\_\_\_

Address: \_\_\_\_\_

Home Phone #: \_\_\_\_\_ Parent's/Guardian's Work Phone: \_\_\_\_\_

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**PARENT'S CONSENT AND SIGNATURE**

I, \_\_\_\_\_ (Name of Parent/Legal Guardian), request that my child, \_\_\_\_\_, be assisted in taking the medication(s) described above at school, as authorized by me and my physician.

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date

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See back of page for information to be completed by physician

**SECTION B: Physician's Certification (To be completed by the *Physician*)**

Physician: \_\_\_\_\_

Diagnosis for which medication is given: \_\_\_\_\_

Name of medicine: \_\_\_\_\_

Form (oral, injection): \_\_\_\_\_

Dose: \_\_\_\_\_

If given daily, at what time? \_\_\_\_\_

If given when needed, describe indications. \_\_\_\_\_

How soon can it be repeated? \_\_\_\_\_

Are there significant side effects? \_\_\_\_\_

Length of time this treatment will continue? \_\_\_\_\_

Other significant information: \_\_\_\_\_

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I certify that the above statements are true and that the pupil is physically fit to attend school and is free from contagious disease. He (she) would not be able to attend school if the medication is not administered during school hours.

\_\_\_\_\_  
Physician Signature

\_\_\_\_\_  
Date

Affix physician's official stamp here:

